



Lower Bucks Family YMCA
NEW! STARS Cheerleading Squad
Special Needs Girls Ages 7-16

STARS Cheerleaders
(Sharing, Therapy and Realizing Self Strengths)

Practice will start Friday, January 8th, 6:15pm, at the Wellness Center

STARS is a unique cheerleading squad geared toward girls with special needs. For the girls, the squad which will practice once a week at the Wellness Center at the Y, presents an opportunity to do something other girls their age already have the opportunity to participate in. They will run, cheer, and jump, as they develop into a team. The group will travel and perform at various exhibitions like any other cheerleading squad. This program is designed to build self-confidence and self esteem, while also providing the benefits received from exercising. All ability levels are welcome. Registration forms will be available at the Fairless Hills YMCA Membership Services Desk and the Wellness Center at the Y. Fundraising may be required.

NOTE: There is an additional uniform and pom-pom fee. For more information, contact Clara at 215.949.3400 extension 45.



